

YOUTH BENCHMARKS

EXITS TO PERMANENCE

Every child and youth will exit foster care to a well-supported family environment or lifelong connection as quickly as possible. CFSA staff will support families after permanence to ensure that family connections are stable. Older youth will exit with the education and skills necessary to help them become successful, self-supporting adults.

DOMAINS	Family/ Permanent Connections	Education	Employment/ Vocation	Health/ Mental Health	Housing	Financial Management
GOALS	<ul style="list-style-type: none"> <input type="checkbox"/> Have some opportunity to process feelings about his/herself <input type="checkbox"/> Have ongoing connection to at least one positive, caring adult <input type="checkbox"/> Permanency achieved through a legal relationship <input type="checkbox"/> Master a core set of life skills using the Foster Club Transition Road as a guide 	<ul style="list-style-type: none"> <input type="checkbox"/> Have a high school diploma or GED <input type="checkbox"/> Have ability to complete a post-secondary degree <input type="checkbox"/> Master a core set of life skills using the Foster Club Transition Road as a guide 	<ul style="list-style-type: none"> <input type="checkbox"/> Have basic employability skills <input type="checkbox"/> Have employment experience that shows a progression of complexity, required skills, and responsibility <input type="checkbox"/> Have at least one identified career area or interest <input type="checkbox"/> Have ability to complete a post-secondary degree or vocational training program <input type="checkbox"/> Master a core set of life skills using the Foster Club Transition Road as a guide 	<ul style="list-style-type: none"> <input type="checkbox"/> Have complete medical, dental, mental health records <input type="checkbox"/> Have a understanding of any ongoing medical, dental, or mental health conditions <input type="checkbox"/> Have an ability to advocate for and obtain medical and mental health care <input type="checkbox"/> Have ability to connect with professionals for ongoing medical, dental, and/or mental health care <input type="checkbox"/> Master a core set of life skills using the Foster Club Transition Road as a guide 	<ul style="list-style-type: none"> <input type="checkbox"/> Have identified affordable housing <input type="checkbox"/> Have basic home maintenance skills <input type="checkbox"/> Master a core set of life skills using the Foster Club Transition Road as a guide 	<ul style="list-style-type: none"> <input type="checkbox"/> Empower youth with financial literacy <input type="checkbox"/> Learn to budget, save, build and secure credit <input type="checkbox"/> Master a core set of life skills using the Foster Club Transition Road as a guide

<u>BENCHMARKS</u>	<u>OUTCOMES</u>
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AGE 15/16	<ul style="list-style-type: none"> <input type="checkbox"/> Transition road map demonstrates exits to positive permanence <input type="checkbox"/> Establish potential permanent kin placements <input type="checkbox"/> Family connections encouraged <input type="checkbox"/> Lifelong connections identified and invited to transition road map planning meetings <input type="checkbox"/> Community resources explored to stabilize youth (e.g. CASA, mentoring, etc.) <input type="checkbox"/> Permanency achieved through a legal relationship <input type="checkbox"/> Learning how to read, maintain and securing vital documents (i.e. court order, birth certificate, Social Security Card, government issued ID etc.) <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Create a concrete plan for high school completion <input type="checkbox"/> Explore his/her interest in secondary education <input type="checkbox"/> Explore post-secondary options, college readiness courses and activities through community programs and services <input type="checkbox"/> Participate in a volunteer program for community service hours <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Identify community programs and services to assess and explore youth's employment/vocational interests <input type="checkbox"/> Create opportunities for Job shadowing, Informational Interviewing and volunteer activities <input type="checkbox"/> Apply for summer youth employment program <input type="checkbox"/> Identify opportunities for part-time employment <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Learn and gain an understanding about preventive, family planning, safe sex practices, and routine health <input type="checkbox"/> Schedule own health appointments <input type="checkbox"/> Receive therapeutic resources, if needed (mental health, substance abuse, DV service, etc) <input type="checkbox"/> Learn and gain an understanding of his/her health conditions, needs, medications, if any, etc. <input type="checkbox"/> Identify and provide services for youth identifying as LGBTQ <input type="checkbox"/> Identify and provide child development classes and parenting life skill programs for teen parents <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Learn household daily living skills (e.g. cleaning your home, budgeting, grocery shopping) <input type="checkbox"/> Learn about housing options and costs (e.g. informational interviewing with leasing managers, community life skill programs, etc.) <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Participate in financial literacy and money management workshops <input type="checkbox"/> Develop a savings and budget plan <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide)
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<p>AGE 17/18</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Maintaining family connections encouraged <input type="checkbox"/> Lifelong connections identified and invited to transition road map planning meetings <input type="checkbox"/> Community resources explored to stabilize youth (e.g. CASA, mentoring, etc.) <input type="checkbox"/> Finalize permanency plan using the transition road map <input type="checkbox"/> Permanency achieved through a legal relationship <input type="checkbox"/> Learning how to read, maintain and securing vital documents (i.e. court order, birth certificate, Social Security Card, government issued ID etc.) <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Completion of community service hour requirements <input type="checkbox"/> Review progress toward graduation <input type="checkbox"/> Obtain internship opportunities <input type="checkbox"/> Identify his/her interest in secondary education <input type="checkbox"/> Identify post-secondary options, college readiness courses and activities through community programs and services <input type="checkbox"/> Create a concrete plan for post-secondary completion <input type="checkbox"/> Identify financial aid costs for post-secondary education and apply for resources to cover all expenses (e.g. ETV, FAFSA, scholarships, etc.) <input type="checkbox"/> Begin post-secondary credentialing program <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Obtain work experience while in school <input type="checkbox"/> Explore and prepare for and/or enroll in an industry recognized license/certification <input type="checkbox"/> Develop soft skills necessary to obtain/maintain employment <input type="checkbox"/> Complete assessment for employment readiness and refer for additional supports if needed (i.e. DOES, RSA) <input type="checkbox"/> Complete a resume <input type="checkbox"/> Identify community programs and services to assess and explore youth's employment/vocational interests <input type="checkbox"/> Create opportunities for Job shadowing, Informational Interviewing and volunteer activities <input type="checkbox"/> Apply for summer youth employment program <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Learn and gain an understanding about preventive, family planning, safe sex practices, and routine health <input type="checkbox"/> Schedule own health appointments <input type="checkbox"/> Receive therapeutic resources, if needed (mental health, substance abuse, DV service, etc) <input type="checkbox"/> Learn and gain an understanding of his/her health conditions, needs, medications, if any, etc. <input type="checkbox"/> Identify and provide services for youth identifying as LGBTQ <input type="checkbox"/> Identify and provide child development classes and parenting life skill programs for teen parents <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Youth will have understanding of housing costs, leasing responsibility and housing options <input type="checkbox"/> Explore housing options <input type="checkbox"/> Apply for subsidized housing <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Participate in financial literacy and money management workshops <input type="checkbox"/> Develop a savings and budget plan <input type="checkbox"/> Obtain credit report check and review it with a supportive adult (i.e. foster parent, GAL, SW) at age 17 <input type="checkbox"/> Learn how to correct discrepancies on credit report <input type="checkbox"/> Enrolled in Bank on DC online curriculum <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide)
<p>AGE 19</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Maintaining family connections encouraged <input type="checkbox"/> Lifelong connections identified and invited to transition road map planning meetings <input type="checkbox"/> Community resources explored to stabilize youth (e.g. CASA, mentoring, etc.) <input type="checkbox"/> Re-visit finalized permanency plan noted in transition road map <input type="checkbox"/> Permanency achieved through a legal relationship <input type="checkbox"/> Demonstrates mastery in reading, maintaining and securing vital documents (i.e. court order, birth certificate, Social Security Card, government issued ID etc.) <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Begin post-secondary credentialing program <input type="checkbox"/> Identify ongoing supportive services in post-secondary program <input type="checkbox"/> Re-review and finalize a concrete plan for completing post-secondary credential <input type="checkbox"/> Develop a plan to fund post-secondary credential post transition from foster care <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Youth has positive work experience and/or currently is holding a job <input type="checkbox"/> Obtain progressively responsible work experience <input type="checkbox"/> Conduct employment search <input type="checkbox"/> Support youth in job readiness training programs <input type="checkbox"/> Develop concrete plan to complete employment/vocational training <input type="checkbox"/> Engage in additional training and/or skill development to obtain higher than minimum wage salary <input type="checkbox"/> Maintain an updated resume <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Understands and demonstrates preventive, family planning, safe sex practices, and routine health <input type="checkbox"/> Schedules own health appointments <input type="checkbox"/> Demonstrates how to access therapeutic resources (mental health, substance abuse, DV service, etc), if needed, and can demonstrate a healthy self-esteem and self-efficacy <input type="checkbox"/> Understands his/her health conditions, needs, medications, if any, etc. <input type="checkbox"/> Engage youth in identifying providers he/she would like to use after leaving foster care. <input type="checkbox"/> Provided support with accessing and reading medical records <input type="checkbox"/> LGBTQ youth can identify supportive services <input type="checkbox"/> Teen parents can identify child development benchmarks and supportive community resources <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Update information on subsidized housing lists <input type="checkbox"/> Identify permanent housing options and a concurrent housing plan <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Demonstrates financial literacy and money management by maintaining a savings, budget and checking account <input type="checkbox"/> Understand and demonstrate how to obtain a credit report check, review it with a supportive adult (i.e. foster parent, GAL, SW) at age 19; correct any discrepancies <input type="checkbox"/> Continue with Bank on DC <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide)
<p>AGE 20</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Referred for after care services <input type="checkbox"/> Identified supports are a part of teaming and transition road map planning <input type="checkbox"/> Establish a concrete plan in how identified supports will be maintained after care <input type="checkbox"/> Demonstrates mastery in reading, maintaining and securing vital documents (i.e. court order, birth certificate, Social Security Card, government issued ID etc.) <input type="checkbox"/> Permanency achieved through a legal relationship <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Provide ongoing support while in college or vocational school <input type="checkbox"/> Finalize plan to fund post-secondary credential post transition from foster care <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Maintain employment that is considered progressively advancing work experience <input type="checkbox"/> Participation in opportunities for employment skill building <input type="checkbox"/> Maintain connection with agencies in the community who specialize in employment opportunities for additional support <input type="checkbox"/> Continue to develop life skills <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Understands on how to access and read medical records <input type="checkbox"/> Understands his/her health conditions, needs, medications, if any, etc. <input type="checkbox"/> Identified health insurance and medical care providers he/she will use after leaving foster care <input type="checkbox"/> Demonstrates how to access therapeutic resources (mental health, substance abuse, DV service, etc), if needed, and can demonstrate a healthy self-esteem and self-efficacy <input type="checkbox"/> Leave connected to health care professional; have access to medical records <input type="checkbox"/> Connect to community DMH core service agencies, if needed <input type="checkbox"/> LGBTQ youth can identify supportive services <input type="checkbox"/> Teen parents can identify child development benchmarks and supportive community resources <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Implement concrete housing plan <input type="checkbox"/> Take steps to save for expenses of both concrete and concurrent housing plan <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide) 	<ul style="list-style-type: none"> <input type="checkbox"/> Demonstrates financial literacy and money management by maintaining a savings, budget and checking account <input type="checkbox"/> Understand and demonstrate how to obtain a credit report check, review it with a supportive adult (i.e. foster parent, GAL, SW) at age 19; correct any discrepancies <input type="checkbox"/> Continue with Bank on DC <input type="checkbox"/> Track mastery of life skills through Youth Transition Plan (using Foster Club Transition Road Map as a guide)