

New FTC Phases

	Objective	Expectations	Advancement Requirement(s)
<p>Phase 1</p>	<p>For the participant to engage in treatment, make better choices for his/herself and their children, and begin to develop a healthy, drug-free life. This phase will last between 60-90 days.</p>	<ul style="list-style-type: none"> ▪ Maintain sobriety from all drugs and alcohol. ▪ Attend all court hearings (weekly if outpatient, monthly if residential). ▪ Submit to at least weekly drug testing as ordered (scheduled and random). ▪ Enroll and attend substance abuse treatment. ▪ Comply with treatment plan requirements and program rules. ▪ Meet with FTC recovery specialist at least two times per week and as scheduled. ▪ Develop FTC recovery plan with FTC recovery specialist. ▪ Attend 4 NA/AA meetings weekly, 2 of which must be step meetings. ▪ Begin process of identifying a sponsor. ▪ Participate in 3 sober activities (exercise, yoga, other) per week. ▪ Attend all individual and/or family counseling sessions as scheduled. ▪ Complete any community service hours as ordered by the court. ▪ Attend parenting classes as scheduled. ▪ Cooperate fully with all assessments (including psychological, psychiatric, vocational and other recommended assessments). ▪ Attend visitation with child as scheduled. ▪ Permit all visits (including unannounced) by FTC recovery specialist, CFSA social worker, GAL, CASA and treatment providers. 	<p>Participant demonstrates fair or good compliance for a minimum of four weeks immediately prior to phase advancement and upon recommendation of the FTC team.</p>

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	Objective	Expectations	Advancement Requirement(s)
Phase 2	For the participant to stabilize in treatment, develop strategies for living without drugs or alcohol, develop educational or employment goals, accept the need to change behavior and address past traumas or other issues contributing to substance use/abuse. This phase will last between 90-120 days.	<p><i>Everything in Phase 1 plus:</i></p> <ul style="list-style-type: none"> ▪ Comply with all requirements of FTC plan. ▪ Provide proof of NA/AA Step Work (present completed assignments to recovery specialist upon request & bring to court hearings). ▪ Continue step work with sponsor. ▪ Complete parenting classes. ▪ Make oral presentation on impact of your behaviors on your children. ▪ Develop, implement and follow CFSA case plan in conjunction with your social worker to meet child(ren)'s needs and ensure child(ren)'s safety. This plan must address education, health, therapeutic and social needs and must include requirement to attend all appointments for child(ren). 	Participant demonstrates fair or good compliance for a minimum of six weeks immediately prior to phase advancement, have no positive drug tests for at least 45 days immediately prior to phase advancement and upon recommendation of the FTC team.

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	Objective	Expectations	Advancement Requirement(s)
Phase 3	For the participant to integrate recovery into the participant's daily life as they become more self-sufficient. During this phase participants will demonstrate commitment to living sober while maintaining a safe home for themselves and their children. This phase will last between 90-120 days.	<i>Everything in Phase 2</i>	Participant demonstrates good compliance for a minimum of six weeks immediately prior to phase advancement, have no positive drug tests for at least 60 days immediately prior to phase advancement and upon recommendation of the FTC team.
Phase 4	For the participant to prepare for completion of the FTC program and case closure. Participants in this phase are expected to continue to demonstrate sober living, incorporation of relapse prevention and healthy thinking, while providing a safe and stable home for their children. This phase will last between 90-120 days.	<p><i>The Completion of everything in Phase 3 plus:</i></p> <ul style="list-style-type: none"> ▪ Maintain safe & stable housing. ▪ Demonstrate safe and appropriate parenting skills (use of appropriate discipline, attending all medical, education, therapeutic & other appointments, maintaining a clean home with sufficient food). ▪ Maintain employment or continue educational/vocational training. 	In order to graduate you must have good compliance for 120 consecutive days and no positive drug tests for 120 consecutive days.