

**DETERMINATION AND FINDINGS FOR
A SOLE SOURCE CONTRACT**

CONTRACT NO.: DCRL-2013-R-0225
CAPTION: Secondary Trauma Training to Child Abuse Professionals
PROPOSED CONTRACTOR: Abyssinia Washington
PROGRAM AGENCY: Child and Family Services Agency

FINDINGS

1. AUTHORIZATION:

D.C. Official Code §2-354.04, 27 DCMR 1304, 1700 and 1701.

2. MINIMUM NEED:

The Government of the District of Columbia, Child and Family Services Agency (CFSA), has an immediate need for the services of an expert in trauma practice to conduct secondary trauma Training for CFSA's Child Abuse Professionals to include CFSA's managers and leadership staff; Child Protective Services (CPS), Entry Services social workers and CFSA nurses.

3. ESTIMATED REASONABLE PRICE:

\$13,400.00

4. FACTORS WHICH JUSTIFY SOLE SOURCE PROCUREMENT:

- (a) CFSA was awarded a 5 year federal grant from the Department of Health and Human Services', Administration for Children and Families for a demonstration project called "Trauma-Informed Child Welfare Practice in the District of Columbia: System Transformation to Impact Outcomes for Children in Child Welfare". CFSA chose an evidence based model called TST, to implement as the social work practice model to meet the requirements of the grant through developing a trauma informed child welfare system. CFSA will receive training and consultation from KVC Health Systems, Inc., the only provider that successfully implemented a TST model with a child welfare population through partnering with the TST model developer Glen Saxe, MD, of New York's University Child Study Center. CFSA contracted with KVC, who will in partnership with Dr. Saxe's colleagues, to train CFSA internal staff and external stakeholders in the model.
- (b) The demands of working in the field of child maltreatment takes a unique and heavy toll on child abuse professionals. The personal and professional functioning of the child abuse professional may be a directly affected by the exposure, nature and climate of their work. The impact of direct exposure to stressful, emotionally draining and at times unsafe work demands leaves workers at an elevated risk for secondary trauma. This training will assist both supervisors and frontline staff in learning skills and developing strategies to prevent or

mitigate the impact of secondary trauma. Professionals will learn how environmental dynamics and work culture can either complicate or minimize the impact of secondary trauma among child abuse teams. Self-care and self-advocacy strategies will also be discussed.

- (c) The “Gecko’s Guide to Building Resiliency in Child Abuse Staff and Volunteers, developed by the University of Texas, Austin, Institute on Domestic Violence and Sexual Assault will be used as a framework for this training.
- (d) This model in resiliency training includes:
 - Core Elements: (1) Self-knowledge and insight, (2) Sense of hope, (3) Healthy coping, (4) Strong relationships, and (5) Personal perspective and meaning
 - Activities and Resources (include): Addressing Relationship or Teamwork Challenges, Creating Your Resilience Snapshot, Gratitude Exercises, Making Meaning of the Work, Work Plan for Strong Relationship Activity
- (e) The proposed provider, Abyssinia Washington. Psy.D, is an expert in trauma practice in the field of child welfare and meets the requirements needed of knowledge and skill in the District of Columbia. Dr. Washington worked as the Clinical Services Director at Safe Shores, the D.C. Children’s Advocacy Center, where she provided the continuum of trauma based clinical work with child victims of CFSA. CFSA requires the contractor’s expertise in trauma practice to provide coaching and mentoring to social worker and management staff and to foster parents to support the implementation of the TST model after CFSA staff receives training.

A market survey was not performed, since the contract will utilize an existing local expert in trauma practice with children and families involved in the child welfare system with the knowledge and experience of CFSA.

5. CERTIFICATION BY AGENCY HEAD:

I hereby certify that the above findings are true, correct and complete to the best of my knowledge.

Date

Brenda Donald
Director
Child and Family Services Agency

6. CERTIFICATION BY CONTRACTING OFFICER

I have reviewed the above findings and certify that they are sufficient to justify the use of the sole source method of procurement under the cited authority. I certify that the notice of intent to award a sole source contract was published in accordance with 27 DCMR 1304 and that no response was received.

Date

Tara Sigamoni

Agency Chief Contracting Officer

DETERMINATION

Based on the above findings and in accordance with the cited authority, I hereby determine that it is not feasible or practical to invoke the competitive bidding process under either Section 402 or 403 of the District of Columbia Procurement Practice Reform Act of 2010 (D.C. Law 18-371; D.C. Official Code §2-354.02 or 2-354.03). Accordingly, I determine that the District is justified in using the sole source method of procurement.

Date

Tara Sigamoni
Agency Chief Contracting Officer